



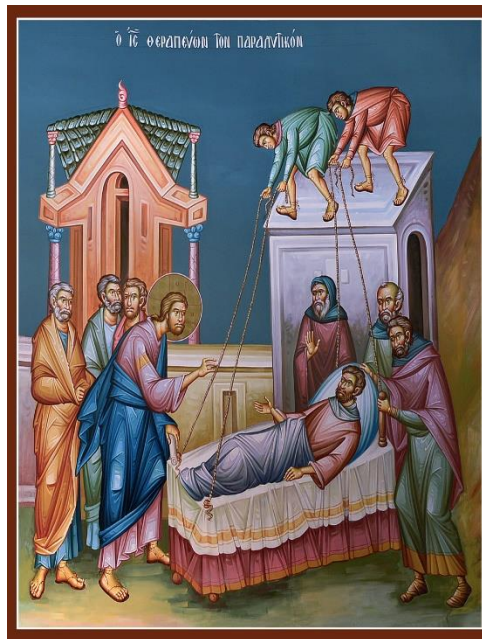
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# SAINT INNOCENT ORTHODOX CHURCH

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March 12, 2017

*2<sup>nd</sup> Sunday of Great Lent  
Sunday of the Paralytic  
St. Gregory Palamas*



7301 Rivoli Road, Macon, GA 31220  
478-994-1648, [www.st-innocent.org](http://www.st-innocent.org)  
Priest Theophan Buck

## *Troparion and Kontakion for March 12, 2017*

### **Tone 5      Troparion      (*Resurrection*)**

Let us, the faithful, praise and worship the Word, co-eternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead//by His glorious Resurrection.

### **Tone 8      Troparion      (*St Gregory Palamas*)**

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace//always intercede before the Lord that our souls may be saved!

### **Tone 4      Kontakion      (*from the Lenten Triodion*)**

Now is the time for action! Judgment is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: “Our sins are more in number than the sands of the sea; but forgive us, O Master of all,//so that we may receive the incorruptible crowns!”

### **Tone 8      Kontakion      (*St Gregory Palamas*)**

Holy and divine instrument of wisdom, joyful trumpet of theology, together we sing your praises, O God-inspired Gregory. Since you now stand before the Original Mind, guide our minds to Him, O Father//so that we may sing to you: “Rejoice, preacher of grace!”



### ***Epistle: Hebrews 7:26-8:2***

7 For such a High Priest was fitting for us, *who is* holy, harmless, undefiled, separate from sinners, and has become higher than the heavens; <sup>27</sup> who does not need daily, as those high priests, to offer up sacrifices, first for His own sins and then for the people's, for this He did once for all when He offered up Himself. <sup>28</sup> For the law appoints as high priests men who have weakness, but the word of the oath, which came after the law, *appoints* the Son who has been perfected forever. 8 Now *this is* the main point of the things we are saying: We have such a High Priest, who is seated at the right hand of the throne of the Majesty in the heavens, <sup>2a</sup> a Minister of the sanctuary and of the true tabernacle which the Lord erected, and not man.

### ***Epistle: Hebrews 1:10-2:3***

1 And: “You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands. <sup>11</sup> They will perish, but You remain; And they will all grow old like a garment; <sup>12</sup> Like a cloak You will fold them up, And they will be changed. But You are the same, And Your years will not fail.” <sup>13</sup> But to which of the angels has He ever

said: "Sit at My right hand, Till I make Your enemies Your footstool"? <sup>14</sup> Are they not all ministering spirits sent forth to minister for those who will inherit salvation? **2** Therefore we must give the more earnest heed to the things we have heard, lest we drift away. <sup>2</sup> For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, <sup>3</sup> how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard *Him*.

***Gospel: Mark 2:1-12***

**2** And again He entered Capernaum after *some* days, and it was heard that He was in the house. <sup>2</sup> Immediately <sup>[a]</sup> many gathered together, so that there was no longer room to receive *them*, not even near the door. And He preached the word to them. <sup>3</sup> Then they came to Him, bringing a paralytic who was carried by four *men*. <sup>4</sup> And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. <sup>5</sup> When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you." <sup>6</sup> And some of the scribes were sitting there and reasoning in their hearts, <sup>7</sup> "Why does this *Man* speak blasphemies like this? Who can forgive sins but God alone?" <sup>8</sup> But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? <sup>9</sup> Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? <sup>10</sup> But that you may know that the Son of Man has power on earth to forgive sins" — He said to the paralytic, <sup>11</sup> "I say to you, arise, take up your bed, and go to your house." <sup>12</sup> Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw *anything* like this!"

***Gospel: John 10:9-16 (St. Gregory Palamas)***

10 I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture. <sup>10</sup> The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have *it* more abundantly. <sup>11</sup> "I am the good shepherd. The good shepherd gives His life for the sheep. <sup>12</sup> But a hireling, *he who is* not the shepherd, one who does not own the sheep, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them. <sup>13</sup> The hireling flees because he is a hireling and does not care about the sheep. <sup>14</sup> I am the good shepherd; and I know My *sheep*, and am known by My own. <sup>15</sup> As the Father knows Me, even so I know the Father; and I lay down My life for the sheep. <sup>16</sup> And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock *and* one shepherd.

### *Announcements for Sunday, March 12, 2017*

- The Parish Council is scheduled to meet on Thursday, March 16<sup>th</sup>, at 7pm.
- On Saturday, March 18<sup>th</sup>, we will serve Vigil at 6pm for the feast of the Precious Cross
- Fr. John Stefero's workshop, "Using One's Gifts for the Glory of God," continues on Saturday, March, 25<sup>th</sup>, from 2-4pm at Holy Cross.
- Fr. Theophan's series of bible-study classes "Finding Ourselves in the Fall" continues next Sunday at 12:30pm. The series focuses on Genesis 1-3.
- Fr. Theophan will be out of town March 20-24. There will be no Presanctified Liturgies during that week.

### *Many Years!*

March

16 Kimberly Lloyd



**LENTEN RETREAT**  
**SATURDAY, APRIL 1ST**  
**10-3PM**  
Hieromonk  
Herman Majkrzak  
presents  
**THE BRIDAL CHAMBER OF THE  
KINGDOM OF GOD**  
The Holy Virgin Mary and St Mary of Egypt as  
Models of Salvation  
ST. INNOCENT ORTHODOX CHURCH, 7301 RIVOLI ROAD, MACON GA

*We welcome all visitors to our Divine Liturgy this morning.*

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour in the Parish Hall