



SAINT INNOCENT ORTHODOX CHURCH

March 19, 2017

*3rd Sunday of Great Lent
Veneration of the Cross*



7301 Rivoli Road, Macon, GA 31220
478-994-1648, www.st-innocent.org
Priest Theophan Buck

Troparion and Kontakion for March 19, 2017

Tone 6 Troparion (*Resurrection*)

The Angelic Powers were at Your tomb; the guards became as dead men. Mary stood by Your grave, seeking Your most pure body. You took hell captive,//not being tempted by it. You came to the Virgin, granting life.//O Lord, Who rose from the dead, glory to You.

Tone 1 Troparion (*for the Cross*)

O Lord, save Your people, and bless Your inheritance! Grant victories to the Orthodox Christians over their adversaries; and by virtue of Your Cross,//preserve Your habitation!

Tone 7 Kontakion (*for the Cross*)

Now the flaming sword no longer guards the gates of Eden; it has been mysteriously quenched by the wood of the Cross. The sting of death and the victory of hell have been vanquished; for You, O my Savior, have come and cried to those in hell://“Enter again into Paradise!”



Epistle: Hebrews 4:14-5:6

4 Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast *our* confession. ¹⁵ For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as *we are*, yet without sin. ¹⁶ Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. **5** For every high priest taken from among men is appointed for men in things *pertaining* to God, that he may offer both gifts and sacrifices for sins. ² He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. ³ Because of this he is required as for the people, so also for himself, to offer *sacrifices* for sins. ⁴ And no man takes this honor to himself, but he who is called by God, just as Aaron *was*.⁵ So also Christ

did not glorify Himself to become High Priest, but *it was* He who said to Him: "You are My Son, Today I have begotten You." ⁶ As *He* also *says* in another *place*: "You *are* a priest forever According to the order of Melchizedek"

Gospel: Mark 8:34-9:1

8 When He had called the people to *Himself*, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. ³⁵ For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. ³⁶ For what will it profit a man if he gains the whole world, and loses his own soul? ³⁷ Or what will a man give in exchange for his soul? ³⁸ For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." 9 And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."



Many Years!

March

19 Kimberly Lloyd

22 Eliza Buck

Announcements for Sunday, March 19, 2017

- Fr. Theophan will be out of town next week from March 20 - 24. There will be no Presanctified Liturgy that week.
- On Saturday, March 25th at 9am we will have the Festal Divine Liturgy for Annunciation.
- Fr. John Stefero's workshop, "*Using One's Gifts for the Glory of God*," continues on Saturday, March, 25th, from 2-4pm at Holy Cross.
- Fr. Theophan's series of bible-study classes "*Finding Ourselves in the Fall*" continues today and next Sunday at 12:30pm. The series focuses on Genesis 1-3.



LENTEN RETREAT
SATURDAY, APRIL 1ST
10-3PM
Hieromonk
Herman Majkrzak
presents

**THE BRIDAL CHAMBER OF THE
KINGDOM OF GOD**

The Holy Virgin Mary and St Mary of Egypt as
Models of Salvation

ST. INNOCENT ORTHODOX CHURCH, 7301 RIVOLI ROAD, MACON GA

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour in the Parish Hall