



SAINT INNOCENT ORTHODOX CHURCH

October 29, 2017

21st Sunday after Pentecost - Martyr Anastasia the Roman



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Priest Theophan Buck**

Troparion and Kontakion

Tone 4 Troparion (*Resurrection*)

When the women disciples of the Lord learned from the angel the joyous message of thy Resurrection, they cast away the ancestral curse and elatedly told the apostles: "Death is overthrown! Christ God is risen,// granting the world great mercy!"

Tone 4 Troparion (*Virgin-martyr Anastasia*)

Thy lamb Anastasia calls out to Thee, O Jesus, in a loud voice: "I love Thee, my Bridegroom, and in seeking Thee I endure suffering. In baptism I was crucified so that I might reign in Thee, and I died so that I might live with Thee. Accept me as a pure sacrifice, for I have offered myself in love!" // Through her prayers save our souls, since Thou art merciful!

Tone 8 Troparion (*Venerable Abramius*)

The image of God was truly preserved in thee, O Father, for thou didst take up the Cross and follow Christ. By so doing thou didst teach us to disregard the flesh for it passes away but to care instead for the soul, since it is immortal. Therefore thy spirit, venerable Abramius, rejoices with the Angels.

Tone 4 Kontakion (*Resurrection*)

My Savior and Redeemer as God rose from the tomb and delivered the earth-born from their chains. He has shattered the gates of hell, and as Master,// He has risen on the third day!

Tone 3 Kontakion (*Virgin-martyr Anastasia*)

Purified by the waters of virginity, righteous Anastasia, thou wast crowned by the blood of martyrdom. Thou dost grant healing and salvation to those in need, and who call on thee from their hearts,// for Christ gives thee strength, pouring out on thee ever-flowing grace.

Tone 3 Kontakion (*Venerable Abramius*)

Thou didst live in the flesh on earth as an angel, and through thy ascetic life thou didst become like a tree nourished by the

waters of abstinence and didst flourish. Thou hast washed away stains with the streams of thy tears and so thou hast been revealed, Abramius, to be a God-like vessel of the Spirit.

Epistle: Galatians 2:16-20

¹⁶ knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. ¹⁷ "But if, while we seek to be justified by Christ, we ourselves also are found sinners, *is* Christ therefore a minister of sin? Certainly not! ¹⁸ For if I build again those things which I destroyed, I make myself a transgressor. ¹⁹ For I through the law died to the law that I might live to God. ²⁰ I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Gospel: Luke 8:26-39

²⁶ Then they sailed to the country of the Gadarenes, which is opposite Galilee. ²⁷ And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs. ²⁸ When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!" ²⁹ For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness. ³⁰ Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him. ³¹ And they begged Him that He would not command them to go out into the abyss. ³² Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them. ³³ Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned. ³⁴ When those who fed *them* saw what had happened, they fled and told *it* in the city and in the country. ³⁵ Then they went out to see

what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. ³⁶They also who had seen *it* told them by what means he who had been demon-possessed was healed. ³⁷Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned. ³⁸Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying, ³⁹“Return to your own house, and tell what great things God has done for you.” And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.

Many Years!

Birthdays 1 Fr. Theophan

Announcements for Sunday, October 29, 2017:

- Today is the deadline for submitting your 2018 Budget Pledge. Of course, you can always fill out a pledge at any time hereafter, but for the purposes of the budget, it would be great if you let us know your intentions today!

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour at Olivia's!