



SAINT INNOCENT ORTHODOX CHURCH

February 18, 2018
Sunday of Cheesefare: The Expulsion of Adam from Paradise



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Priest Theophan Buck

Troparion and Kontakion

Tone 4 Troparion (*Resurrection*)

When the women disciples of the Lord learned from the angel the joyous message of thy Resurrection, they cast away the ancestral curse and elatedly told the apostles:

“Death is overthrown! Christ God is risen,// granting the world great mercy!”

Tone 4 Kontakion (*Resurrection*)

My Savior and Redeemer as God rose from the tomb and delivered the earth-born from their chains. He has shattered the gates of hell, and as Master,// He has risen on the third day!

Tone 6 Kontakion (*from the Lenten Triodion*)

O Master, Teacher of wisdom, Bestower of virtue, Who teachest the thoughtless and protectest the poor, strengthen and enlighten my heart! O Word of the Father, let me not restrain my mouth from crying to Thee: Have mercy on me, a transgressor,// O merciful Lord!

Epistle and Gospel Readings

Epistle: Romans 13:11-14:4

¹¹ And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. ¹² The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. ¹³ Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. ¹⁴ But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. ¹⁴ Receive one who is weak in the faith, but not to disputes over doubtful things. ² For one believes he may eat all things, but he who is weak eats only vegetables. ³ Let not him who eats despise him who does not eat, and let not him who does not eat judge him

who eats; for God has received him. ⁴Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Gospel: Matthew 6:14-21

¹⁴For if you forgive men their trespasses, your heavenly Father will also forgive you. ¹⁵But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. ¹⁶Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. ¹⁷But you, when you fast, anoint your head and wash your face, ¹⁸so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. ¹⁹Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; ²⁰but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹For where your treasure is, there your heart will be also.

“Do that which is good, and no evil shall touch you. Prayer is good with fasting and alms and righteousness. A little with righteousness is better than much with unrighteousness. It is better to give alms than to lay up gold: For alms doth deliver from death, and shall purge away all sin. Those that exercise alms and righteousness shall be filled with life: But they that sin are enemies to their own life.”

+ St. Raphael the Archangel, Tobit 12:7-10

Many Years!

Birthdays	18	Olivia McMichael
	19	Sondra Franceil

Announcements for Sunday, February 18, 2018:

- Today is Cheesefare Sunday, which is traditionally the last day before Pascha that Orthodox Christians eat dairy products and eggs.



- Lent begins tomorrow, Monday, February 19th. The following services will begin at **6:30 pm** every night during the first week of Lent:
 - Monday February 19 - Compline with Canon of St. Andrew
 - Tuesday, February 20 - Compline with Canon of St. Andrew
 - Wednesday, February 21 - Presanctified Liturgy
 - Thursday, February 22 - Compline with Canon of St. Andrew
 - Friday, February 23 - Akathist to the Theotokos
- Next Sunday is the Sunday of Orthodoxy. We will have a procession with the holy icons.
- Next week would also be a good time to bring any icons to be blessed at the end of the processional.

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour at St. Veronica's Hall!