



SAINT INNOCENT ORTHODOX CHURCH

March 4, 2018
Second Sunday of Great Lent
St Gregory Palamas



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Priest Theophan Buck

Troparion and Kontakion

Tone 6 Troparion (*Resurrection*)

The Angelic Powers were at Thy tomb; the guards became as dead men. Mary stood by Thy grave, seeking Thy most pure body. Thou didst capture hell not being tempted by it. Thou didst come to the Virgin, granting life.// O Lord, Who didst rise from the dead, glory to Thee.

Tone 8 Troparion (*St Gregory Palamas*)

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace, // always intercede before the Lord that our souls may be saved!

Tone 4 Kontakion (*from the Lenten Triodion*)

Now is the time for action! Judgment is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: "Our sins are more in number than the sands of the sea; but forgive us, O Master of all, // so that we may receive the incorruptible crowns!"

Tone 8 Kontakion (*St Gregory Palamas*)

Holy and divine instrument of wisdom, joyful trumpet of theology, together we sing thy praises, O God-inspired Gregory. Since thou now standest before the Original Mind, guide our minds to Him, O Father, // so that we may sing to thee: "Rejoice, O preacher of grace!"

Epistle and Gospel Readings

Epistle: Hebrews 1:10-2:3

¹⁰ And: "You, Lord, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands.

¹¹ They will perish, but You remain; And they will all grow

old like a garment; ¹²Like a cloak You will fold them up, And they will be changed. But You are the same, And Your years will not fail." ¹³But to which of the angels has He ever said: "Sit at My right hand, Till I make Your enemies Your footstool"? ¹⁴Are they not all ministering spirits sent forth to minister for those who will inherit salvation? **2** ¹Therefore we must give the more earnest heed to the things we have heard, lest we drift away. ²For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, ³how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him

**Hebrews 7:26-8:2 (St. Gregory Palamas)*

Gospel: Mark 2:1-12

¹And again He entered Capernaum after some days, and it was heard that He was in the house. ²Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. ³Then they came to Him, bringing a paralytic who was carried by four men. ⁴And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. ⁵When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you." ⁶And some of the scribes were sitting there and reasoning in their hearts, ⁷"Why does this Man speak blasphemies like this? Who can forgive sins but God alone?" ⁸But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? ⁹Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? ¹⁰But that you may know that the Son of Man has power on earth to forgive sins"—He said to the

paralytic, ¹¹“I say to you, arise, take up your bed, and go to your house.” ¹²Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, “We never saw anything like this!”

**John 10:9-16 (St. Gregory Palamas)*

Many Years!

Birthdays	4	Joshua Cabello
	5	Mark Dorogy

Announcements for Sunday, March 4, 2018:

- The Presanctified Liturgy will be served at **6:30 pm** on Wednesday, March 7.
- Next Saturday, March 10, we will have:
 - a church cleanup at **10:00 a.m.**
 - a Vigil for the Feast of the Cross at **6:00 p.m.**
- Next Sunday, March 11, we will serve the Divine Liturgy for the Feast of the Cross.

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour at St. Veronica's Hall!