

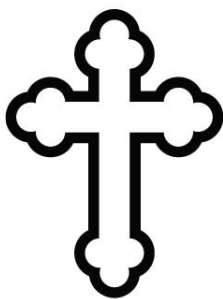


SAINT INNOCENT ORTHODOX CHURCH

March 11, 2018
Third Sunday of Great Lent:
Veneration of the Holy Cross
St Sphronius, Patriarch of Jerusalem



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Priest Theophan Buck



Troparion and Kontakion

Tone 7 Troparion (*Resurrection*)

By Thy Cross Thou didst destroy death. To the thief Thou didst open Paradise. For the Myrrhbearers Thou didst change weeping into joy, and Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen,// granting the world great mercy.

Tone 1 Troparion (*for the Cross*)

O Lord, save Thy people, and bless Thine inheritance! Grant victories to the Orthodox Christians over their adversaries; and by virtue of Thy Cross,// preserve Thy habitation!

Tone 7 Kontakion (*for the Cross*)

Now the flaming sword no longer guards the gates of Eden; it has been mysteriously quenched by the wood of the Cross. The sting of death and the victory of hell have been vanquished; for Thou, O my Savior, hast come and cried to those in hell:// "Enter again into Paradise!"

(*In place of the Trisagion, we sing:*)

Before Thy Cross, we bow down in worship, O Master, and Thy holy Resurrection, we glorify.

Epistle and Gospel Readings

Epistle: Hebrews 4:14-5:6

¹⁴Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. ¹⁵For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. ¹⁶Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. ¹For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. ²He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. ³Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. ⁴And no man takes this honor to himself, but he who is called by God, just as Aaron was. ⁵So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My Son, Today I have begotten You." ⁶As He also says in another place: "You are a priest forever According to the order of Melchizedek."

Gospel: Mark 8:34-9:1

³⁴When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. ³⁵For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. ³⁶For what will it profit a man if he gains the whole world, and loses his own soul? ³⁷Or what will a man give in exchange for his soul? ³⁸For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." ¹And He said to them, "Assuredly, I say to you that there are some standing

here who will not taste death till they see the kingdom of God present with power.”

Many Years!

Birthdays	12	David Marble
	14	Lana Hough
	16	Kimberly Lloyd

Announcements for Sunday, March 11, 2018:

- The Presanctified Liturgy will be served at **6:30 pm** on Wednesday, March 14.
- One of the most important aspects of our Lenten journey is the Sacrament of Penance. This is the season of repentance and therefore every Orthodox Christian should prepare to make a good confession during these days. Please make every effort to come to confession before March 31 – Lazarus Saturday. Procrastination is not a virtue.
- Confessions may be heard before or after the weekday Lenten services, on Saturday evenings between 5pm-6pm before Great Vespers, on Sunday mornings between 9am-9:30am, or at another time by appointment.

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour at St. Veronica's Hall!