



SAINT INNOCENT ORTHODOX CHURCH

January 13, 2019
33rd Sunday after Pentecost
Sunday after the Theophany
Martyrs Hermylus and Stratonicus
Venerable Fathers slain at Sinai and Raithu



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Priest Theophan Buck

Troparion and Kontakion

Tone 8 Troparion (*Resurrection*)

Thou didst descend from on high, O Merciful One! Thou didst accept the three day burial to free us from our sufferings!// O Lord, our Life and Resurrection, glory to Thee!

Tone 1 Troparion of the Feast of Theophany

When Thou, O Lord, wast baptized in the Jordan, the worship of the Trinity was made manifest. For the voice of the Father bore witness to Thee, and called Thee His beloved Son; and the Spirit in the form of a dove confirmed the truthfulness of His word. O Christ our God, Who hast revealed Thyself// and hast enlightened the world, glory to Thee.

Tone 4 Troparion (*Martyrs Hermylus/Stratonicus*)

Thy holy martyrs Hermylus and Stratonicus, O Lord, through their sufferings have received incorruptible crowns from Thee, our God. For having Thy strength, they laid low their adversaries, and shattered the powerless boldness of demons.// Through their intercessions save our souls!

Tone 4 Troparion (*Venerable Fathers*)

O God of our fathers, do not take away Thy mercy from us, but ever act towards us according to Thy loving kindness, and, by the prayers of Thy saints,// guide our lives in peace!

Tone 2 Kontakion (*Venerable Fathers*)

Ye fled from worldly fame and hastened to a quiet refuge, where ye were crowned with the blood of martyrdom and ascetical labors. Therefore, ye now abide with the Martyrs and the Venerable Ones.

Tone 4 Kontakion of the Feast of Theophany

Today Thou hast shone forth to the world, O Lord, and the light of Thy countenance has been marked on us. Knowing Thee, we sing Thy praises. Thou hast come and revealed Thyself,// O unapproachable Light.

Epistle and Gospel Readings

Tone 1 Prokeimenon (Sunday after the Theophany)

Let Thy mercy, O Lord, be upon us as we have set our hope on Thee! (Ps 32/33:22)

v: Rejoice in the Lord, O ye righteous! Praise befits the just! (Ps 32/33:1)

Epistle: Ephesians 4:7-13

⁷But to each one of us grace was given according to the measure of Christ's gift. ⁸Therefore He says: "When He ascended on high, He led captivity captive, And gave gifts to men." ⁹(Now this, "He ascended" – what does it mean but that He also first descended into the lower parts of the earth? ¹⁰He who descended is also the One who ascended far above all the heavens, that He might fill all things.) ¹¹And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, ¹²for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, ¹³till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ.

Tone 5 (Sunday after the Theophany)

Alleluia, Alleluia, Alleluia!

v: I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation. (Ps 88/89:1)

v: For Thou hast said: "Mercy will be established forever; My truth will be prepared in the heavens." (Ps 88/89:2)

Gospel: Matthew 4:12-17

¹²Now when Jesus heard that John had been put in prison, He departed to Galilee. ¹³And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali, ¹⁴that it might be fulfilled which was spoken by Isaiah the prophet, saying: ¹⁵"The land of Zebulun and the land of Naphtali, By the way of the sea, beyond the Jordan, Galilee of the Gentiles: ¹⁶The people who sat in darkness have seen a great light, And upon those who sat in the region and shadow of death Light has dawned." ¹⁷From that time Jesus began to preach and to say, "Repent, for the kingdom of heaven is at hand."

Many Years!

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| Birthdays | 14 | Esmé San Bonaventura |
| | 15 | Oksana McCan |
| | 16 | Mary Sophia Savage |
| | 17 | Peter Hintermaier |

Announcements for Sunday, January 13, 2019:

- **Church/Parish Hall Cleanup:** This afternoon we will clean up the Church and Parish Hall. Any help is appreciated as we need to put away Christmas decor and clean things up a bit.
- **House Blessings:** If you would like to have your house blessed, please sign up for one of the following Saturdays:
 - Saturday, January 19 -Warner Robins area
 - Saturday, January 26 - Macon area

If you sign up for one of the days above, Fr. Theophan will contact you the week before to let you know a time frame for his visit.

- **Playground feedback:** If you would like to provide input regarding the Playground please fill out the playground questionnaire and send to Christopher Mareska at mareskac@yahoo.com by January 16.
- **Parish council meeting:** The Parish Council will meet on Thursday, January 17 at **7pm** in the Parish Hall.
- **Confessions:** Confessions are heard either before or after any church service and on Sundays from **9:20-9:40am**.

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour in the Parish Hall!