



# SAINT INNOCENT

ORTHODOX  
CHRISTIAN  
CHURCH

**34<sup>th</sup> Sunday after Pentecost.  
Sunday of the Publican and the Pharisee  
(Beginning of the Lenten Triodion).  
Leavetaking of the Meeting of the Lord**



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Priest Theophan Buck**

## *Troparion and Kontakion*

### **Tone 1**                      **Troparion**            (*Resurrection*)

When the stone had been sealed by the Jews, while the soldiers were guarding Thy most pure body, Thou didst rise on the third day, O Savior, granting life to the world. The powers of heaven therefore cried to Thee, O Giver of Life: “Glory to Thy Resurrection, O Christ! Glory to Thy Kingdom!// Glory to Thy dispensation, O Thou who lovest mankind!”

### **Tone 1**                      **Troparion**            (*Feast*)

Rejoice, O Virgin Theotokos, Full of Grace! From thee shone the Sun of Righteousness, Christ our God, enlightening those who sat in darkness. Rejoice and be glad, O righteous Elder, thou didst accept in thine arms the Redeemer of our souls, // Who grants us the Resurrection!

### **Tone 4**                      **Kontakion**            (*from the Lenten Triodion*)

Let us flee from the pride of the Pharisee! Let us learn humility from the Publican's tears! Let us cry to our Savior: “Have mercy on us, // O only merciful One!”

### **Tone 1**                      **Kontakion**            (*Feast*)

By Thy Nativity Thou didst sanctify the Virgin's womb and didst bless Simeon's hands, O Christ God. Now Thou hast come and saved us through love. Grant peace to all Orthodox Christians, // O only Lover of Man!

## *Epistle and Gospel Readings*

### *Epistle: 2 Timothy 3:10-15 (Sunday)*

<sup>10</sup> But you have carefully followed my doctrine, manner of life, purpose, faith, longsuffering, love, perseverance, <sup>11</sup> persecutions, afflictions, which happened to me at Antioch, at Iconium, at Lystra— what persecutions I endured. And out of them all the Lord delivered me. <sup>12</sup> Yes, and all who desire to live godly in Christ Jesus will suffer persecution. <sup>13</sup> But evil men and impostors will grow worse and worse, deceiving and being deceived. <sup>14</sup> But you must continue in the things which you have learned and been assured of, knowing from whom you have learned them, <sup>15</sup> and that from childhood you have known the Holy Scriptures, which are able to make you wise for salvation through faith which is in Christ Jesus.

**Epistle: Hebrews 7:7-17 (Feast)**

**Gospel: Luke 18:10-14 (Sunday)**

<sup>10</sup> "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. <sup>11</sup>The Pharisee stood and prayed thus with himself, 'God, I thank You that I am not like other men – extortioners, unjust, adulterers, or even as this tax collector. <sup>12</sup>I fast twice a week; I give tithes of all that I possess.' <sup>13</sup>And the tax collector, standing afar off, would not so much as raise his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' <sup>14</sup>I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, and he who humbles himself will be exalted."

**Gospel: Luke 2:22-40 (Feast)**

OUR JOURNEY TO PASCHA! 2020		
SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week <b>FEBRUARY 9th</b>	 <b>PRODIGAL WEEKS</b> <b>Publican and the Pharisee</b> Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week <b>FEBRUARY 16th</b>	 <b>The Prodigal Son Returns!</b> Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze dairy this week.
Meatfare <b>FEBRUARY 23rd</b> FAREWELL TO MEAT TODAY	 <b>The Last Judgement</b> Epistle: 1 Corinthians 8:8-9-2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare <b>MARCH 1st</b> FAREWELL TO CHEESE TODAY	 <b>Adam and Eve are cast from Paradise!</b> <b>FORGIVENESS SUNDAY</b> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent <b>MARCH 8th</b>	 <b>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</b> <b>SUNDAY of ORTHODOXY</b> Epistle: Hebrews 11:24-26, 32:12-2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent <b>MARCH 15th</b>	 <b>ST GREGORY PALAMAS</b> Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent <b>MARCH 22nd</b>	 <b>VERENERATION OF THE HOLY CROSS</b> <b>HALF WAY TO PASCHA!</b> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent <b>MARCH 29th</b>	 <b>ST JOHN of the LADDER</b> Epistle: Hebrews 6:13-20 Gospel: Mark 9:37-51	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent <b>APRIL 5th</b>	 <b>ST MARY of EGYPT</b> Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY <b>APRIL 12th</b> GREAT WEEK BEGINS	 <b>GREAT AND HOLY FRIDAY</b> <b>JESUS DIES ON THE CROSS</b> <b>ENTRY OF OUR LORD INTO JERUSALEM</b> Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
<b>APRIL 17th</b> GREAT AND HOLY FRIDAY	 <b>JESUS DIES ON THE CROSS</b> <b>CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE</b>	Refrain from TV, Internet & Phones to honor Christ's Death.
<b>APRIL 19th</b> FEAST OF FEASTS! NO FASTING!	 <b>BRIGHT WEEK</b> <b>HOLY PASCHA! (CHRIST IS RISEN!)</b> Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN" & say it before good morning and goodnight!

## *Many Years!*

<i>Anniversaries</i>	9	Eric & Lee Olsen
	10	Jerome & Diana Gratigny
<i>Birthdays</i>	8	Brad Perry
	11	John C. Savage Danette Bush
	12	Gary Cox
	13	Marianne Savage

### *Announcements for Sunday, February 9, 2020:*

- **DOS Pastoral Conference:** Fr. Theophan will be in Miami, FL for the DOS Pastoral Conference from Tuesday, February 11 until Friday, February 14.

*We welcome all visitors to our Divine Liturgy this morning.*

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour in the Parish Hall!