



SAINT INNOCENT

ORTHODOX
CHRISTIAN
CHURCH

Sunday, July 12
5th Sunday after Pentecost
Martyrs Proclus and Hilary of Ancyra
Ven. Michael of Maleinus



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Priest Theophan Buck

Troparion and Kontakion

Tone 4 **Troparion** *(Resurrection)*

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection, they cast away the ancestral curse and elatedly told the apostles: “Death is overthrown! Christ God is risen,// granting the world great mercy!”

Tone 8 **Troparion** *(Ven. Michael)*

The image of God was truly preserved in thee, O Father, for thou didst take up the Cross and follow Christ. By so doing, thou taughtest us to disregard the flesh for it passes away; but to care instead for the soul, for it is immortal.// Therefore thy spirit, O holy Father Michael, rejoices with the angels.

Tone 4 **Troparion** *(Proclus and Hilary)*

Thy holy martyrs Proclus and Hilary, O Lord, through their sufferings have received incorruptible crowns from Thee, our God. For having Thy strength, they laid low their adversaries, and shattered the powerless boldness of demons.// Through their intercessions, save our souls!

Tone 4 **Kontakion** *(Resurrection)*

My Savior and Redeemer as God rose from the tomb and delivered the earth-born from their chains. He has shattered the gates of hell, and as Master,// He has risen on the third day!

Tone 4 **Kontakion** *(Proclus and Hilary)*

Like the morning star, your glorious sufferings enlighten us with holy miracles. We celebrate your memory, O Proclus and Hilary; pray to Christ our God for us// that He will save our souls!

Tone 2 Kontakion *(Ven. Michael)*

By thy deeds thou didst wither the arrogance of the flesh; and through enlightenment thou gavest wings to thine agility of spirit. Thou wast revealed as a dwelling-place of the Trinity, Whom now thou dost clearly behold.// O blessed Michael, unceasingly pray for us all!

Epistle: Romans 10:1-10

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. ²For I bear them witness that they have a zeal for God, but not according to knowledge. ³For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God. ⁴For Christ is the end of the law for righteousness to everyone who believes. ⁵For Moses writes about the righteousness which is of the law, "The man who does those things shall live by them." ⁶But the righteousness of faith speaks in this way, "Do not say in your heart, 'Who will ascend into heaven?' " (that is, to bring Christ down from above) ⁷or, " 'Who will descend into the abyss?' " (that is, to bring Christ up from the dead). ⁸But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): ⁹that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

Gospel: Matthew 8:28-9:1

²⁸When He had come to the other side, to the country of the Gergesenes, there met Him two demon-possessed men, coming out of the tombs, exceedingly fierce, so that no one could pass that way. ²⁹And suddenly they cried out,

saying, "What have we to do with You, Jesus, You Son of God? Have You come here to torment us before the time?"
³⁰ Now a good way off from them there was a herd of many swine feeding. ³¹ So the demons begged Him, saying, "If You cast us out, permit us to go away into the herd of swine." ³² And He said to them, "Go." So when they had come out, they went into the herd of swine. And suddenly the whole herd of swine ran violently down the steep place into the sea, and perished in the water. ³³ Then those who kept them fled; and they went away into the city and told everything, including what had happened to the demon-possessed men. ³⁴ And behold, the whole city came out to meet Jesus. And when they saw Him, they begged Him to depart from their region. **9** So He got into a boat, crossed over, and came to His own city.

Many Years!

<i>Birthdays</i>	11	Lindsay Fernandez
	12	John Hintermaier

Announcements for Sunday, July 12, 2020:

- Today, Zoom Coffee hour at 12:30pm
- Financial Peace University at 1:30pm.

Services this week:

- *Fr. Theophan will be on vacation until July 24th. In you have an emergency please call Fr. Theodore @ 770-256-0290*
- Wednesday @ 6 pm Readers Vespers
- Saturday @ 6 pm Great Vespers
- Sunday @ 10 am Divine Liturgy with Fr. Peter Robichau