



**SAINT
INNOCENT**

**ORTHODOX
CHRISTIAN
CHURCH**

**Sunday of Orthodoxy
St. Theophylactus, Bishop of Nicodemia**



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Priest Theophan Buck**

Troparion and Kontakion

Tone 5 Troparion (*Resurrection*)

Let us, the faithful, praise and worship the Word, co-eternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead// by His glorious Resurrection.

Tone 2 Troparion (*Sunday of Orthodoxy*)

We venerate Thy most pure image, O Good One; and ask forgiveness of our transgressions, O Christ our God. Of Thine own will Thou wast pleased to ascend the Cross in the flesh and deliver Thy creatures from bondage to the Enemy. Therefore with thankfulness we cry aloud to Thee: "Thou hast filled all with joy, O our Savior,// by coming to save the world."

Tone 8 Kontakion (*from the Lenten Triodion*)

No one could describe the Word of the Father; but when He took flesh from thee, O Theotokos, He accepted to be described, and restored the fallen image to its former state by uniting it to divine beauty.// We confess and proclaim our salvation in words and images.

Epistle and Gospel Readings

Epistle: Hebrews 11:24-26, 32-12:2

²⁴ By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, ²⁵choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, ²⁶esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. ³² And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: ³³who through faith subdued kingdoms, worked righteousness, obtained promises, stopped

the mouths of lions, ³⁴quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. ³⁵Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. ³⁶Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. ³⁷They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented— ³⁸of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. ³⁹And all these, having obtained a good testimony through faith, did not receive the promise, ⁴⁰God having provided something better for us, that they should not be made perfect apart from us. ¹Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, ²looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Gospel: John 1:43-51

⁴³ The following day Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." ⁴⁴Now Philip was from Bethsaida, the city of Andrew and Peter. ⁴⁵Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph." ⁴⁶And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." ⁴⁷Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" ⁴⁸Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you." ⁴⁹Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!" ⁵⁰Jesus answered and said to

him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." ⁵¹ And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

Many Years!

<i>Birthdays</i>	10	David Bush
	11	Hannah Magnusson
	12	David Marble
	13	Anne Gordy
	14	Lana Hough

Announcements for Sunday, March 8, 2020:

- **Icon Procession:** After the Divine Liturgy, we will have a general blessing of icons along with an icon procession.
- **Lenten Class Series:** Fr. Theophan will be teaching a Lenten Class series on Prayer starting today at **12:30pm**. The class will be focused on contemplative prayer and Orthodox spirituality in general.
- **Parish Council Meeting:** The Parish Council is meeting on Tuesday, March 10 at **7:00 pm**.
- **Presanctified Liturgy:** Wednesday, March 11, at **6:30 pm**. At St. Innocent we generally celebrate this service each Wednesday during Great Lent. The service consists of Daily Vespers combined with additional prayers and communion. The Faithful are asked to fast in preparation for Holy Communion at least 6 hours before.
- **Prospora Baking Class:** Sondra will be teaching a class on how to bake the eucharistic bread next Sunday, March 15, at **1:30 pm**.

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour in the Parish Hall!